



5140 Sunset Blvd Suite A  
Lexington, SC 29072  
803.609.8503

Name \_\_\_\_\_ Nick name: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Male/Female Social Security Number \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_ Cell Phone Provider \_\_\_\_\_  
Email \_\_\_\_\_ Employer's Name \_\_\_\_\_ Position \_\_\_\_\_  
In case of emergency contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Single Married Divorced Widowed Spouse's Name \_\_\_\_\_  
Number of Children \_\_\_\_\_ Names, Ages & Gender \_\_\_\_\_  
Who may we thank for referring you? \_\_\_\_\_

**Insurance Information**

**Name of Primary Insurance Carrier:** \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Insured Date of Birth: \_\_\_\_\_

Insured Social Security Number: \_\_\_\_\_

Do you have a HSA/FSA? (Health/Flexible Savings Account)  YES  NO

**Name of Secondary Insurance Carrier:** \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Insured Date of Birth: \_\_\_\_\_

Insured Social Security Number: \_\_\_\_\_

## LIST YOUR HEALTH CONCERNS BELOW

Health Concerns: List according to severity	Rate of Severity 1= mild 10 =unbearable	When did this episode Start?	If you had the condition before, when?	Did the problem begin with an injury?	Are symptoms constant or intermittent?
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____	_____

HAVE YOU EVER SEEN OTHER DOCTORS FOR THESE CONDITIONS? YES / NO

CHIROPRACTOR? \_\_\_\_\_ MEDICAL DOCTOR? \_\_\_\_\_ OTHER \_\_\_\_\_  
WHO AND WHEN? \_\_\_\_\_

## CIRCLE ALL CURRENT PROBLEMS YOU HAVE

ADD/ADHD	DIZZINESS	LOW BACK PAIN	PREGNANCY ISSUES
ALLERGIES	EAR INFECTIONS	LUPUS	PROSTATE TROUBLES
ANXIETY	EPILEPSY	MENSTRUAL ISSUES	RASH
ARM PAIN	FAINING	MID BACK PAIN	RINGING IN EARS
ARTHRITIS	FIBROMYALGIA	MIGRAINES	RLS
ASTHMA	GASTRIC REFLUX	MULTIPLE SCLEROSIS	SCIATICA
AUTISM	HEADACHES	NAUSEA	SEIZURES
AUTOIMMUNE	HEARING AIDS/LOSS	NECK PAIN	SHOULDER PAIN
BACK TROUBLE	HEARTBURN	NERVOUSNESS	SINUS PROBLEMS
BEDWETTING	HEART PROBLEMS	NUMBNESS IN ARMS	SLEEPING   PROBLEMS
BLADDER ISSUES	HEMORRHOIDS	NUMBNESS IN FEET	SMOKING/ HISTORY OF
CANCER	HERNIA	NUMBNESS IN HAND	STOMACH ISSUES
CARPAL TUNNEL	HIGH BLOOD PRESSURE	NUMBNESS IN LEGS	SWEATS
CHEST PAIN	HIP PAIN	PAIN IN ANKLE	THYROID PROBLEMS
CHILLS	HIVES	PAIN IN ELBOW	TMJ (JAW PAIN)
CHRONIC FATIGUE	IRRITABLE BOWEL	PAIN IN FOOT	ULCERS
COLIC	IMMUNE DEFICIENT	PAIN IN JOINTS	VERTIGO
CONSTIPATION	INFERTILITY	PAIN IN WRIST	WEIGHT LOSS
CYSTIC FIBROSIS	KIDNEY ISSUES	PCOS	OTHER _____
DEPRESSION	KNEE PAIN	PERSISTENT COUGH	_____
DIABETES	LEG PAIN		
DIGESTIVE ISSUES	LIVER DISEASE		
DISC PROBLEM			

**CIRCLE ANY CONDITION THAT YOU HAVE NOW OR HAVE HAD**

**STROKE      HEART DISEASE      SPINAL SURGERY      SEIZURES      SPINAL FRACTURE      SCOLIOSIS      DIABETES**

LIST ALL SURGICAL OPERATIONS AND YEARS \_\_\_\_\_

LIST ALL Over the Counter & PRESCRIPTION MEDICATIONS YOU ARE ON \_\_\_\_\_

WHEN WAS YOUR LAST AUTO ACCIDENT \_\_\_\_\_

HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE?      YES/NO

IF YES, DR AND DATE \_\_\_\_\_

HAVE YOU EVER BEEN KNOCKED UNCONSCIOUS?      YES/NO      FRACTURED A BONE?      YES/NO

IF YES, PLEASE DESCRIBE \_\_\_\_\_

OTHER TRAUMA \_\_\_\_\_

**NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT**

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPPA). I understand that this can and will be used to:

1. Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
2. Obtain payment from third-party payers.
3. Conduct normal healthcare operations, such as quality assessments and physician certifications.

- I give VITAL CHIROPRACTIC permission to use my address, phone number, and clinical records to contact me with appointment reminders, missed appointment notification, birthday cards, holiday related cards, newsletters, information about treatment alternatives, or other health related information.
- If VITAL CHIROPRACTIC contacts me by phone, I give them permission to leave a message on my voice mail or answering machine.
- I give VITAL CHIROPRACTIC permission to use my name on the welcome board, referral board, birthday board, prize winning notices, and community information (i.e. newspaper clippings).
- VITAL CHIROPRACTIC may use a sign-in sheet at the registration desk where you will be asked to sign your name, may call you by name in the waiting room when your physician is ready to see you
- I give VITAL CHIROPRACTIC permission to adjust me in a semi-closed room setting where other patients and office staff may be able to overhear some of my PHI during the course of care. This semi-closed room environment is used for ongoing care, and is not the environment used for taking patient histories, performing examinations, or presenting report of findings, as these procedures are completed in a private, confidential setting.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclose, to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

**SIGNED** \_\_\_\_\_ **DATE** \_\_\_\_\_

## **RELEASE OF AUTHORIZATION/ASSIGNMENT OF BENEFITS**

I authorize and request payment of insurance benefits directly to Samantha Messina, D.C. I agree that this authorization will cover all services rendered until I revoke the authorization. I agree that a photocopy of this form may be used in place of the original. All professional services rendered are charged to the patient. It is customary to pay for services when rendered unless other arrangements have been made in advance. I understand that I am financially responsible for charges not covered by this assignment.

**SIGNED** \_\_\_\_\_ **DATE** \_\_\_\_\_

## **TERMS OF ACCEPTANCE/ CONSENT TO TREATMENT**

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective. Chiropractic has only one goal. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Adjustment:** An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine.

**Health:** A state of optimal physical, mental and social well-being; not merely the absence of disease or infirmity.

**Subluxation:** A misalignment of one or more of the 24 vertebra in the spinal column which is caused by an alteration of nervous system function and interference with the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than subluxation. However, if during the course of a chiropractic neurological examination, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of another health care provider.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to find and remove vertebral subluxations. Our only method is specific adjusting to correct neurological subluxations.

I hereby consent to and authorize the administration of all diagnostic and chiropractic treatments that may be considered advisable or necessary in the judgment of Vital Chiropractic, LLC. I also certify that no guarantee or assurance has been made to the results that may be obtained. I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and me. Furthermore, I understand that while Vital Chiropractic, LLC may prepare necessary reports and forms to assist me in making collections from the insurance company, all services rendered to me are charged directly to me and I am personally responsible for payment.

By my signature below, I have read and fully understand the above statements.

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my satisfaction. I therefore accept chiropractic care on this basis.

**SIGNED** \_\_\_\_\_ **DATE** \_\_\_\_\_

## **WRITTEN CONSENT FOR A CHILD**

NAME OF PRACTICE MEMBER WHO IS A MINOR/CHILD \_\_\_\_\_

I AUTHORIZE DR. SAMANTHA MESSINA AND JOSEPH MESSINA AND ANY AND ALL VITAL CHIROPRACTIC STAFF TO PERFORM DIAGNOSTIC PROCEDURES, RADIOGRAPHIC EVALUATION, RENDER CHIROPRACTIC CARE AND PERFORM CHIROPRACTIC ADJUSTMENTS TO MY MINOR/CHILD.

AS OF THIS DATE, I HAVE THE LEGAL RIGHT TO SELECT AND AUTHORIZE HEALTH CARE SERVICES FOR MY MINOR/CHILD. IF MY AUTHORITY TO SELECT AND AUTHORIZE CARE IS REVOKED OR ALTERED, I WILL IMMEDIATELEY NOTIFY VITAL CHIROPRACTIC IN WRITING.

\_\_\_\_\_  
**GUARDIAN SIGNATURE**                      **GUARDIAN'S RELATIONSHIP TO MINOR**                      **DATE**



# WELLNESS EVALUATION

In medicine today, leaky gut aka intestinal permeability, isn't typically diagnosed. However that doesn't mean it's not affecting your health. Many health issues related to gut health go undiagnosed, misdiagnosed, or are ignored by traditional medicine. Please complete this evaluation to help our doctors determine how we can help your condition.

### Let's get started

Please check any that apply to you:

#### Sub-Clinical Symptoms Including:

- Headaches
- Migraines

#### Hormone Imbalance Including:

- PMS
- Emotional imbalance

#### Gastrointestinal Issues Including:

- Abdominal bloating, cramps or painful gas
- Irritable Bowel Syndrome
- Ulcerative Colitis
- Crohn's Disease and other intestinal disorders

#### Respiratory Conditions Including:

- Chronic sinusitis
- Asthma
- Allergies

#### Joint Conditions Including:

- Knee, Shoulder, or Spine

#### Autoimmune Conditions Including:

- Diabetes Mellitus
- Lupus
- Rheumatoid Arthritis
- Fibromyalgia
- Chronic Fatigue

#### Thyroid Conditions Including:

- Hashimotos
- Hypothyroidism
- Hyperthyroidism

#### Developmental and Social Concerns Including:

- Autism
- ADD/ADHD

#### Skin Conditions Including:

- Eczema
- Skin rashes
- Hives

Circle the number that most closely fits, then add up your results.

	None	Mild	Mod	Severe
Constipation and/or diarrhea	0	1	2	3
Abdominal pain or bloating	0	1	2	3
Mucous or blood in stool	0	1	2	3
Joint pain or swelling, arthritis	0	1	2	3
Chronic or frequent fatigue or tiredness	0	1	2	3
Food allergies, sensitivities or intolerance	0	1	2	3
Sinus or nasal congestion	0	1	2	3
Chronic or frequent inflammations	0	1	2	3
Eczema, skin rashes or hives (urticaria)	0	1	2	3

	None	Mild	Mod	Severe
Asthma, Hayfever, or airborne allergies	0	1	2	3
Confusion, poor memory or mood swings	0	1	2	3
Use of NSAIDS (Aspirin, Tylenol, Motrin)	0	1	2	3
History of antibiotic use	0	1	2	3
Alcohol consumption makes you feel sick	0	1	2	3
Gluten sensitivity or Celiac's disease	0	1	2	3
Nausea	0	1	2	3
Weight issues	0	1	2	3

Name: \_\_\_\_\_

**YOUR TOTAL** \_\_\_\_\_